

# Measuring Skin Impedance Using an LCR Databridge: What Frequency Should be Used?

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## Introduction

- Impedance measurements:
  - Are the alternating current (AC) analog to the direct current (DC) resistance (i.e., equal to the ratio of potential to current)
  - Vary with the frequency of the applied current or potential because skin contains elements that behave like capacitors as well as resistors
- Skin impedance measurements for integrity testing:
  - Are fast, relatively economical and non-invasive
  - Are sometimes determined using an LCR databridge (for example, from PRISM or Tinsley) at either 100 Hz or 1000 Hz; these are reported as "resistances" in either the PAR or SER mode (i.e.,  $R_{PAR}$  and  $R_{SER}$ , respectively)
- Minimum "resistance" values for acceptable skin integrity have been proposed based on LCR databridge measurements in PAR mode:
  - 25 k $\Omega$ -cm<sup>2</sup> based on  $R_{PAR}$  measured at 100 Hz<sup>[1]</sup>
  - 11 k $\Omega$ -cm<sup>2</sup> based on  $R_{PAR}$  measured at 1000 Hz<sup>[2]</sup>

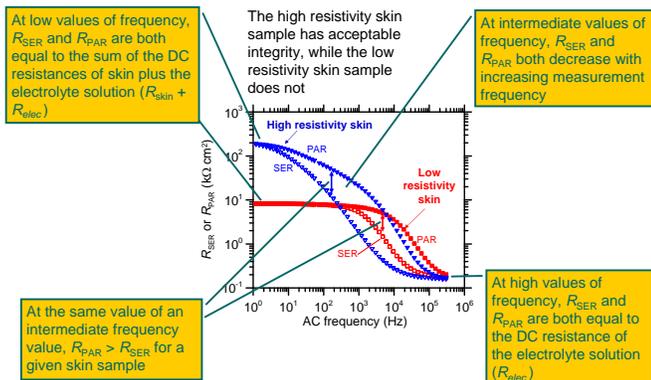
## Low Skin Resistivity Indicates Damaged Skin

- Damaged skin has a reduced barrier to ionic transfer
- Electrical resistivity ( $\rho$ ) characterizes the skin barrier to ionic transfer
  - Because the skin barrier thickness ( $\ell$ ) is not always known, it is more convenient to report the product of resistivity and the skin barrier thickness; i.e.,  $\rho \cdot \ell$
  - But  $\rho \cdot \ell$  is equivalent to the product of the DC skin resistance ( $R_{skin}$ ) and the skin area ( $A$ ); that is,  $\rho \cdot \ell = R_{skin} \cdot A$ , which has units of Ohms-cm<sup>2</sup> (or  $\Omega$ -cm<sup>2</sup>)
  - Low values in the skin resistivity (i.e.,  $R_{skin} \cdot A$ ) are consistent with damaged skin
- Permeability of a polar chemical across skin is proportional to  $1/(R_{skin} \cdot A)$ <sup>[3]</sup>

## What Do $R_{PAR}$ and $R_{SER}$ Measurements Represent?

- AC measurements of the ratio of potential ( $V$ ) and current ( $I$ ) consist of *real* and *imaginary* components
- Thus, impedance ( $Z$ ), which is the ratio of potential ( $V$ ) to current ( $I$ ), has real ( $Z_r$ ) and imaginary ( $Z_i$ ) components:
  - That is,  $Z = Z_r + iZ_i$  where  $i = \sqrt{-1}$
  - LCR databridge "resistance" values reported in SER mode ( $R_{SER}$ ) are equal to the real component of the impedance value:  $R_{SER} = Z_r$
- Admittance ( $Y$ ) is the ratio of current ( $I$ ) to the potential ( $V$ ):  $Y = I/V = 1/Z$ ; admittance is the AC analog to DC measurements of conductance
  - Admittance has real ( $Y_r$ ) and imaginary ( $Y_i$ ) parts:  $Y = Y_r + iY_i$
  - LCR databridge "resistance" values reported in PAR mode ( $R_{PAR}$ ) are equal to the real component of the inverse of the admittance values:  $R_{PAR} = 1/Y_r$
- While  $Z = 1/Y$ ,  $Z_r \neq 1/Y_r$  unless  $Z_i = Y_i = 0$ ; therefore,  $R_{SER}$  and  $R_{PAR}$  for skin are usually different except at low and high frequency
- $R_{SER}$  and  $R_{PAR}$  both vary with frequency; neither  $R_{SER}$  nor  $R_{PAR}$  represent  $R_{skin}$  except when the electrolyte resistance ( $R_{elec}$ ) and frequency are both small
- See figure below showing the variation of  $R_{SER}$  and  $R_{PAR}$  with frequency for skin samples with high and low resistivity (experimental method described on the right)

## Comparing $R_{PAR}$ and $R_{SER}$ measured as a function of frequency for two skin samples



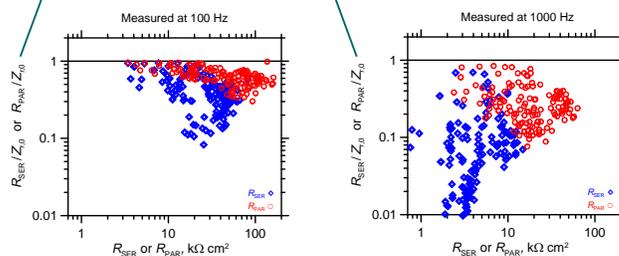
## Does $R_{SER}$ or $R_{PAR}$ Measured at 100 or 1000 Hz Using an LCR Databridge Equal $R$ ?

- Impedance and admittance measurements at 100 Hz and 1000 Hz were examined to assess how well  $R_{PAR}$  and  $R_{SER}$  determined at 100 Hz and 1000 Hz estimate the low frequency real component of impedance  $Z_{r,0}$ , which is approximately the DC resistance of the skin plus the electrolyte solution ( $R$ ); experimental methods are described below the figure.
- Measured values of  $R_{PAR}$  and  $R_{SER}$  are compared to  $Z_{r,0} \approx R$  for 149 pieces of human cadaver skin from 6 different subjects (see below)

## Comparing $R_{SER}$ and $R_{PAR}$ measured at 100 and 1000 Hz to the DC resistance $R = R_{skin} + R_{elec}$

This ratio is 1 if the measured  $R_{SER}$  or  $R_{PAR}$  is equal to the low frequency real component of impedance ( $Z_{r,0}$ ), which is approximately equal to the DC resistance of the skin and electrolyte ( $R = R_{skin} + R_{elec}$ ).

- This ratio is closest to 1 when measured at 100 and reported in PAR mode
- Measurements at 1000 Hz can underrepresent the DC resistance by 10-fold when reported in PAR mode and by 100-fold when reported in SER mode



Ratio is plotted as a function of the measured  $R_{SER}$  or  $R_{PAR}$ .

- Measurements at 1000 Hz are smaller than measurements at 100 Hz
- When measured at the same frequency,  $R_{SER} \leq R_{PAR}$

## Experimental Methods

- Impedance was measured at 32°C in side-by-side diffusion cells filled with 0.01 M phosphate buffered saline (PBS) after the skin had equilibrated
- Impedance spectra were determined (Gamry Potentiostat, model PCI4/300, with four Ag/AgCl electrodes) from the current response to a small amplitude sinusoidal potential (10 mV root mean squared), which minimized skin damage and confined the scan to the pseudo-linear region of the current versus voltage curve
- The measured frequency range was at least 1 Hz to 10 kHz with 10 measurement points per logarithmic decade

## Conclusions

- Skin resistivity (and skin integrity as indicated by the barrier function to ions) is represented better by:
  - Impedance measured at 100 Hz than 1000 Hz
  - Databridge "resistance" measurements reported as  $R_{PAR}$  rather than  $R_{SER}$
- Impedance measured at less than 100 Hz will represent skin resistivity (and skin integrity) even better, although experimental artifacts may arise for measurements at less than 10 Hz
- Resistance measurements reported by a Tinsley-type LCR databridge:
  - Do not represent the DC resistance  $R$
  - Are equal to the real component of the impedance when reported as  $R_{SER}$  and the inverse of the real component of the admittance when reported as  $R_{PAR}$

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